MEDIA ALERT:

12th Annual Get Kidz Fit Fest Rescheduled to May 11
Thousands of attendees expected at Centennial Hall Event

Who: Community Council of Greater Dallas

What:
The 12th Annual Get Kidz Fit Fest takes place in the Centennial Hall Building at Fair Park. Presented by the Dallas Area Coalition to Prevent Childhood Obesity, Oncor, the Dallas Mayor's Youth Fitness Initiative (MyFi), Dallas Independent School District, and the Community Council of Greater Dallas.

When:
Saturday, May 11, 2019
Oncor Kid’s Race - 10:00 a.m. – 11:00 a.m.
Get Kidz Fit Fest 2019 11:00 a.m. – 3:00 p.m.

Where:
Fair Park - Centennial Hall Building
1001 Washington St.
Dallas, TX 75215

Cost:
FREE

Registration:

Details:
The 12th annual Get Kidz Fit Fest "Run, Learn & Play @Fair Park" will be held on May 11, 2019 at the Centennial Building at Fair Park and will include the Oncor Kid's Race which starts at 10 am.

The 2019 Get Kidz Fit Fest event will include the Oncor Kid’s Race. The Community Council also collaborates with Oncor, the Dallas Mayor's Youth Fitness Initiative (MyFi), the Dallas Area Coalition to Prevent Childhood Obesity (DAPCO) and Dallas Independent School District (DISD) to put on this annual event.

Get Kidz Fit brings hundreds of organizations, companies and sponsors together in a one-of-a-kind collaboration to fight childhood obesity and promote health and fitness in our communities.

The free festival offers 67,000 square feet of interactive fitness activities, hands-on nutrition lessons, fun sports and games, challenging obstacle courses and inflatables, on-stage demonstrations, entertainment and prizes. The North Texas Food Bank will be providing bags of fresh produce again to send home with every family which attends.

Kids will enjoy a series of exciting games and activities, interactive and hands-on demonstrations, numerous sports, obstacle courses, and inflatables, plus high-energy performances at the Main Stage dance party. Parents will receive
information on fighting childhood obesity, creating healthy habits, nutrition, food & cooking demos, activity booths, and more.

For more information and to pre-register online, please visit: https://www.getkidzfitfest.org.

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About Community Council
Since its founding in 1940, the Community Council has identified services that are needed in the community, assessed how best to deliver services to meet social issues, and mobilized and implemented action plans working in concert with its member agencies and public sector resources. The nonprofit agency is primarily dedicated to specific causes that affect the youth, seniors and working families of North Texas. For more information, please visit www.ccadvance.org.

Our Mission Remains the Same: The Community Council serves the community by providing leadership in: (1) determining solutions for priority issues in the human services arena; (2) convening partners to significantly impact service delivery; and (3) increasing awareness of and access to services.

The Dallas Mayor’s Youth Fitness Initiative – MyFi
The Dallas Mayor’s Youth Fitness Initiative is a public/private partnership co-founded in 2010 by Mayor Mike Rawlings, Oncor and the City of Dallas Park and Recreation Department. MyFi is making long-term improvements in the way Dallas children eat, play and live through citywide fitness and nutrition programs. Learn how to “Get Moving with MyFi” at http://www.facebook.com/myfidallas.

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